Human Milk Banking
ASSOCIATION OF INDIA
www.hmabank.org



12th Annual Conference of
Human Milk Banking Association of India

HMBCON -26



CLMC: Evidence, Innovation & Excellence in NICU Care



Supporting every newborn with the gift of human milk.

21–22 November 2026

Venue: Advanced Pediatrics Centre,
PGIMER Chandigarh



Nurture
Support
Empower

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Small Drops Brighter Brighter Tomorrows



Registration Fees

Knowledge today for healthier tomorrows

21–22 November 2026

Advanced Pediatrics Centre,
PGIMER Chandigarh

Human Milk
A Healthier,
Kinder World

Registration Category	Early Bird Up to 15 Oct 2026	Regular 16 Oct–15 Nov 2026
Workshop Only – Nurses/Allied Health Professionals	₹750	₹1,000
Workshop Only – Doctors	₹1,000	₹1,500
Conference Only – Nurses/Allied Health Professionals	₹1,000	₹1,500
Conference Only – Doctors	₹1,500	₹2,000
Conference + Workshop – Nurses/Allied Health Professionals (Best Value)	₹1,500	₹2,000
Conference + Workshop – Doctors (Best Value)	₹2,000	₹2,500
Junior Residents	₹1,000	₹1,000

No spot registration.
Registration closes on 15 November 2026.

A/c Name: Human Milk Banking Association
Bank Name: State Bank of India **Branch: Camp Branch, Amravati, Maharashtra**
Account Number: 33992343716, **IFSC Code: SBIN0003866**

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Abstract Submission

Call for Abstracts

Last date of abstract submission:
31/10/26

Mail to:
hmbaihmbcon@gmail.com

Word limit:
250 words

Abstract should include:

- All authors; underline the presenting author; include email and phone number
- Affiliations of each author
- Registration mandatory for presenting author
- Title
- Objectives, Methods, Results, Conclusion

By 1st week of November, mode of presentation will be conveyed

Please ensure all details are complete before submission.

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Tentative Programme

DAY 1 | 21 November 2026 (Saturday)

Workshops (Parallel)

Workshop 1
Human Milk Banking / Comprehensive Lactation Management Centre (CLMC)

Venue: APC Auditorium

Time	Topic
8:00 – 9:00 AM	Registration
9:00 – 9:15 AM	Introduction of the course and pretest (by mentimeter)
9:15 – 9:45 AM	Concept and basic infrastructure of CLMC
9:45 – 10:00 AM	Work flow in a CLMC
10:00 – 10:15 AM	Surveillance of infection in CLMC
10:15 – 10:30 AM	Bio break
10:30 – 11:00 AM	Tea
11:00 – 12:00 PM	Role play – 2 cases (counselling for donation – 1 PT mother and 1 surgical case NPO baby)
12:00 – 12:45 PM	Panel discussion – Difficulties in setting up of a CLMC and path ahead including violation of IMS Act
12:45 – 1:30 PM	Lunch

Hands-on sessions (3 batches to rotate)

1:30 – 2:15 PM	**Batch 1** – consent forms, screening proforma, record maintenance
2:15 – 3:00 PM	**Batch 2** – methods of expression – manual and pumping, storage, disbursal, thawing, maintenance of cold chain
3:00 – 3:45 PM	**Batch 3** – audit of quality maintenance, cold chain maintenance for milk donation from outside hospital
3:45 – 4:15 PM	Feedback and certificate distribution
4:15 – 4:30 PM	Tea
4:30 – 5:30 PM	AGBM – HMBAI
5:30 / 6:00 PM onwards	Inauguration followed by dinner

Workshop 2
Skill Development in Breastfeeding

Venue: Pediatric Surgery Seminar Room

Time	Topic
8:00 – 9:00 AM	Registration
9:00 – 9:15 AM	Introduction of the course and pretest (by mentimeter)
9:15 – 9:45 AM	Talk – Physiology of lactation (antenatal and postnatal)
9:45 – 10:30 AM	Talk – Feeding in twin, after CS, in CL and CP, in hypotonic babies
10:30 – 11:00 AM	Tea
11:00 – 12:00 PM	Role play (2 cases): Case 1 – Counselling after a preterm delivery, including early KMC, NNS; Case 2 – Preparation for discharge and post-discharge feeding and follow-up
12:00 – 12:45 PM	Panel discussion – exclusive BM feeding in NICU – difficulties and solutions
12:45 – 1:30 PM	Lunch

Hands-on stations (3 batches to rotate)

1:30 – 2:15 PM	**Batch 1** – How to stimulate oxytocin and prolactin reflex and initiate lactation in term, how to check latching and effective milk transfer, early skin-to-skin contact, and in PT mothers – iKMC, NNS
2:15 – 3:00 PM	**Batch 2** – transition from gavage to spoon to direct BF – use of spoon, katori, palladi
3:00 – 3:45 PM	**Batch 3** – Methods of OMS, IPAT, DSC, difficult situations – sore nipple, engorgement, less milk
3:45 – 4:15 PM	Feedback and certificate distribution
4:15 – 4:30 PM	Tea
4:30 – 5:30 PM	AGBM of HMBAI
5:30 / 6:00 PM onwards	Inauguration followed by dinner

Felicitation of donor mothers during inauguration

Tentative programme — subject to change.

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Tentative Programme

DAY 2 | 22 November 2026 (Sunday)

Conference

Venue: APC Auditorium

Time	Topic
9:00 – 10:00 AM	Paper presentations
10:00 – 10:40 AM	Panel 1 – Breastfeeding vs Human milk feeding: is the difference more than the milk?
10:40 – 11:20 AM	Dr Armida Fernandez Oration
11:20 – 12:00 PM	Tea
12:00 – 12:20 PM	Induced Lactation
12:20 – 1:00 PM	Panel 2 – New researches on HMB including new WHO guidelines, quality control in CLMC (NQAS)
1:00 – 1:30 PM	Bio break and poster walk
1:30 – 2:10 PM	Panel 3 – Infection surveillance in CLMC and in clinical areas, asepsis during milk collection, prevention of infection, and SOP after disbursal of milk to clinical areas
2:10 – 2:40 PM	Lunch
2:40 – 3:20 PM	Panel 4 – How to facilitate establishment of CLMC in private set-ups; follow IMS Act
3:20 – 3:40 PM	Tea break
3:40 – 4:00 PM	Valedictory and awards distribution

Poster Area

Seminar Room 2A | Day 1 and 2

Parallel Sessions (Day 1 and 2)

Seminar Room (except during poster walk time)

- National Consultative Meet to frame Human Milk Banking Guidelines
- Rotary Meeting

Tentative programme — subject to change.

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Advanced Pediatrics Centre

Organized by Department of Pediatrics & Neonatal Unit
PGIMER, Chandigarh

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Human Milk
A Healthier,
Kinder World

Office Bearers

Patrons

1. Prof. O.N. Bhakoo
2. Prof. R.K. Agarwal
3. Prof. Armida Fernandez

Advisors

1. Dr. Satish Tiwari
2. Dr. Ketan Bharadva
3. Dr. Rajinder Gulati
4. Dr. Rekha Harish
5. Dr. Somasekhar R.
6. Dr. Praveen Kumar
7. Dr. Jayant Shah

HMBAI – National Office Bearers

1. Dr. Alka Kuthe — Chairperson
2. Dr. Santosh Kraleti — Hon. Secretary
3. Dr. Pratibha Kale — Treasurer

Organizing Committee

1. Dr. Kanya Mukhopadhyay — Organizing Chairperson
   Phone: 9914208317
2. Dr. Bhavneet Bharti — Organizing Secretary
   Phone: 9914208327
3. Dr. Pankaj Vaidya — Joint Organizing Secretary
4. Dr. Shiv Sajan Saini — Joint Organizing Secretary
5. Dr. Bijay Laxmi Behra — Treasurer
   Phone: 9953766057
6. Rotn. Teena Virk — President, Rotary Club 3080, Chandigarh

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Accommodation & Sightseeing

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Accommodation Options

Hotel	Approx. Charges (₹)	Inclusions
Hotel Mountview, Sector 10	₹5,400–₹5,800	Single / Double Occupancy with Breakfast
Hotel Shivalikview, Sector 17	₹4,800–₹5,200	Single / Double Occupancy with Breakfast
Hotel Parkview, Sector 24	₹2,500	Comfortable stay

Please book ASAP, preferably within the next 1–2 days, as there is heavy demand due to the marriage season.

Please mention Dept. of Pediatrics / PGI and request special discounted rates for PGI guests.

Sightseeing in & around Chandigarh



Sukhna Lake
Scenic lakeside promenade, boating, and sunrise views.



Rock Garden
Iconic sculpture garden created from recycled materials.



Zakir Hussain Rose Garden
Beautiful landscaped rose garden in Sector 16.



Capitol Complex
UNESCO World Heritage site designed by Le Corbusier.



Pinjore Gardens
Historic Mughal-style terraced gardens, a short drive away.



Elante Mall
Popular destination for shopping, dining, and leisure.



ChhatBir Zoo
Family-friendly wildlife park near Chandigarh.



Morni Hills
Picturesque getaway for nature, hills, and day trips.